



ST. PAUL'S SCHOOL

**Senior School
ECA Booklet
Term 1
2014-2015**

SENIOR SCHOOL ECA PROGRAMME

Current Affairs

L6, U6

This ECA is for Sixth Form students interested in International Politics and following the news. Each week, students will take turns to give a powerpoint presentation to the group about 2 or 3 current affairs stories that they are interested in and lead a discussion in them.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
Monday(15.10-15.40)	301	12	AMN/DOS

Creative Computing

F1, F2, F3, F4, F5, L6, U6

Learn to program Python for creating GUI Apps, Games or Search Engines.

Python is a forgiving language in terms of data types used and what is learnt here can be re-applied in Pascal, C and nearly all other languages.

Pupils may be expected to do the OBI. Raspberry Pis, Arduinos and Drones can be used for independently researched projects.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
Wed(15.05-15.45)	324	20	MRC

Debate Club

F3

Got an opinion? Planning on making waves in the MUN ECA next year? Then Debate Club is for you! Come along and hone your debating skills whilst thrashing out some of the controversial issues that surround us in the world today. Remember: 'There is no truth, only human opinion.'

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
Tuesday(12.35-12.55)	312	15	DLP

Eleições

F4, F5, L6, U6

2014 is an election year! Our future state governors and president will be known in October, and it is of utmost importance for you to learn, in fact, what are their proposals for the country we all live in! This year we have three candidates with actual chances of winning, something that haven't happened for the better part of the past decade.

Come to this ECA to learn more about the candidates, discuss their proposals, the polls, as well as their campaigns to try and win brazilians' votes. It's going to be a tight race, and you can't afford to be left out of it.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
Tuesday(15.05-15.35)	321	15	LGS/BL/APG

Física para o Vestibular

L6-U6

Topics of Physics as in the curriculum of Fuvest and Enem. Problem solving techniques with no use of calculators. ECA conducted in Portuguese.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
Thrusday(13h-13.20)	329	10	ALB

SENIOR SCHOOL ECA PROGRAMME

Horrible Histories World War I

F1, F2, F3

Interested in the gruesome, gritty and gory facts about the First World War? Are you drawn to the history's dirty and mucky side: mud, guns, fleas, lice and rats? Then the Horrible History Club is for you! We'll present our research to celebrate the fact that 2014 is the centenary of the start of the First World War.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Thursday(15.10-15.40)</u>	<u>321</u>	<u>6</u>	<u>COS</u>

MUN

F4, F5, L6, U6

Student led conference that simulates a conference similar to the United Nations, in which students/pupils participate as delegates in various UN committees. There is a lot of research involved, as well as writing resolutions demonstrating political positions and solutions to the world's problems.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Wednesday(15.05-15.35)</u>	<u>324</u>	<u>50</u>	<u>CEL</u>

Olimpíada Brasileira de Matemática (OBM) – Nível 1

F2, F3

Be a proactive learner! Challenge yourself with Maths problems! Your participation in OBM will show you a different approach towards Maths and help you improve skills of independent learning. Please notice that this ECA is given in Portuguese and it is only being offered to pupils who qualified to OBM's second round.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Tuesday (15.05-16.05)</u>	<u>307</u>	<u>16</u>	<u>DD</u>

Olimpíada Brasileira de Matemática (OBM) – Nível 3

F5, U6

Be a proactive learner! Challenge yourself with Maths problems! Your participation in OBM will show you a different approach towards Maths and help you improve skills of independent learning. Please notice that this ECA is given in Portuguese and it is only being offered to pupils who qualified to OBM's second round.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Thursday (15.05-16.05)</u>	<u>307</u>	<u>10</u>	<u>DD</u>

Periódico Impressão

F4, F5, L6, U6

Exercite sua criatividade e expressão em língua portuguesa escrevendo breves textos sobre o que acontece em nossa escola, nossa cidade e no mundo e veja-os publicados em nosso Periódico e lidos por toda a escola a cada semestre.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Monday(15.05-15.35)</u>	<u>318</u>	<u>12</u>	<u>TA/CTN</u>

Themes in Psychology

F5, L6, U6

An exploration of different psychology themes through the classics and intriguing modern neuropsychology findings. Our theoretical discussions will be permeated by different kinds of media and other forms of artistic expressions. This term we will be discussing Group Psychology and the Group Think phenomenon in an attempt to understand the connections between an individual's personality and its relation to the group situation.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Monday/Thursday(Mon:15.10-15.40/Thurs: 12.30-13h)</u>	<u>ASR</u>	<u>15</u>	<u>EFA</u>

Art Explores

F1

For any pupil that loves art and is looking forward to experiment and work with a variety of materials developing different projects including Tye Dye, print making, stencil, watercolour painting, cardboard sculptures and many others. Come explore your curiosity and expand your talents!

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Tuesday (12.50-13.20)</u>	<u>Art Centre</u>	<u>6</u>	<u>RQ</u>

Art Explores

F2, F3

For any pupil that loves art and is looking forward to experiment and work with a variety of materials developing different projects including Tye Dye, print making, stencil, watercolour painting, cardboard sculptures and many others. Come explore your curiosity and expand your talents!

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Tuesday (15.15-16.15)</u>	<u>Art Centre</u>	<u>8</u>	<u>RQ</u>

Beginners Photography

F1, F2, F3, F4, F5, L6, U6

Learn how to improve the pictures you take with your DSLR camera including, portrait, action and landscape photography. (you should have access to a DSLR camera).

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Wednesday (12.30-13.15)</u>	<u>316</u>	<u>10</u>	<u>MS</u>

Costume Research for the School Play - 'Oh What a Lovely War!'

F1, F2, F3, F4, F5, L6, U6

Come and support the Drama Department prepare for their next production 'Oh What a Lovely War!'. You'll be researching military and civilian costume and uniform in the 1920s. Mrs Goncalves, a History teacher and former Textiles and Costume Restorer will guide your research. The Research Team will also produce an interactive display in the Foyer for the audience to enjoy. We need you!

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Thursday (12.25-13.05)</u>	<u>302</u>	<u>10</u>	<u>HG</u>

Chamber Orchestra

F1, F2, F3, F4, F5, L6, U6

Be a member of this elite group of musicians! We practise for major musical events, and the range is classical to modern. Not to be missed!

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Monday (15.15-16.15)</u>	<u>Music 2/3</u>	<u>30</u>	<u>CN</u>

Drawing ECA

F2-F3

In this ECA pupils are going to explore a diversity of drawing techniques through the use of different materials.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Wednesday (12.50-13.20)</u>	<u>Art Centre</u>	<u>8</u>	<u>RQ</u>

Knitting

L6, U6

Come knitting and learn a healthy way to relax.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Thursday (12.50-13.20)</u>	<u>320</u>	<u>7</u>	<u>ASM</u>

Making Short Films

F3, F4, F5, L6, U6

Learn the techniques of making short films. We will cover screenwriting, cinematography, editing and sound design. This ECA will focus on both studying the way good short films are made, and on making your own film.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Friday (15.15-16h)</u>	<u>ITA</u>	<u>No limit</u>	<u>SM-MF</u>

Model Club ECA

F1, F2, F3, F4, F5, L6, U6

Model Club is the place to make model planes, trains and automobiles, oh and rockets, hot air balloons too. It will be a place to work on your model in the company of other model makers and enthusiasts. You can make any type of model in model club. Whether you want to make a plastic Spitfire World War II fighter plane or a balsa wood glider that flies, model club is the place to be.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Wednesday (15.05-16h)</u>	<u>326</u>	<u>15</u>	<u>PWG</u>

Music for the School Play

F1, F2, F3, F4, F5, L6, U6

This ECA is by invitation only. If you are interested, you must speak to Mr. Newton or Mr. Ward and name the people in your group. This is an ECA to prepare you for the Music for the Play in November.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Thursday (12.30-13h)</u>	<u>Music 2</u>	<u>15</u>	<u>CN</u>

Photography Old and New

F4, F5, L6, U6

Se você é criativo e gosta de escrever e desenhar, venha participar deste ECA super interessante de como fazer uma narrativa gráfica!

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Tuesday (15.05-16.05)</u>	<u>Art Studio/324</u>	<u>10</u>	<u>JMD</u>

Produção Narrativa Gráfica

F1, F2, F3, F4, F5, L6, U6

Se você é criativo e gosta de escrever e desenhar, venha participar deste ECA super interessante de como fazer uma narrativa gráfica!

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Thursday (15.05-15.35)</u>	<u>318</u>	<u>10</u>	<u>ABS</u>

(Re)Descobrimos a Música Popular Brasileira

F4, F5, L6

The objective of this ECA is to present Brazilian popular music as an important cultural expression. Pupils and students should research the music relating it to its historical period. The activity should be fun but above all educative.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Tuesday (15.05-15.35)</u>	<u>315</u>	<u>10</u>	<u>AFG/DBD</u>

Scrapbooking

F2, F3, F4

Keep memories, celebrating good moments? How about doing this creatively and using your arts and crafts talents? Join us in this ECA!

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Monday (15.05-15.35)</u>	<u>317</u>	<u>10</u>	<u>ADP/MDM</u>

Set Design for the School Play

F4, F5, L6

We are looking for committed and enthusiastic pupils to design and produce the set and props for Oh! What a lovely war. Pupils will have the chance to work on large scale pieces using a variety of techniques such as tromp l'oeil and wood constructions.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Thursday (15.30-17h)</u>	<u>Art Centre</u>	<u>15</u>	<u>SAR</u>

Senior School Choir

F1, F2, F3, F4, F5, L6, U6

Come and join the choir and sing some wonderful music, often with adults of the choral society and professional orchestras. Improve your sight-reading and be part of a hard working, but fun team.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Wed/Thurs (12:30- 13h)</u>	<u>Music 2</u>	<u>35</u>	<u>LW</u>

School Play: "Oh What a Lovely War!"

F3, F4, F5, L6, U6

2014 marks 100 years since the start of World War One. In order to commemorate and remember what is commonly known as the "Great War", we will be performing "Oh What a Lovely War!" – a powerful and satirical play which tells the story of the war and the experiences of those who fought it. The St. Paul's School Theatre Company is looking for 20 actors who are willing to explore the original 1963 version of the play, adding new material from more recent historical interpretations of the war and its significance. In order to be considered for a part in the Play, all pupils and students must attend Auditions Workshops on August 7, 12 and 14. Also, all pupils and students must make sure they have time availability to attend the rehearsals.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Tue/Thurs (15.30-18.30)</u>	<u>Drama Studio/Theatre</u>	<u>20</u>	<u>RS/MCP/PS</u>

Community Service

F1, F2, F3

If you want to give your time to help the others and to learn from them, this is the right ECA for you! We are going to visit one institution and develop projects to help them.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
Mon/ Tues/Thurs (Mon 12.25-13h Mon 15.05-15.35/Tues and wed 12.25-12.55/ Thurs 13h-13h30)	313/325/328	15	AST/CAH/HL/RC/LK/SCV

Cookery Course

F3, F4, F5, L6, U6

Learn some basic cookery skills and cook some delicious food into the bargain. We can decide as a group which recipes to cook, based on the time permitted. Washing and cleaning up is an integral part of this ECA!

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
Wednesday (15.15-17.15)	Prep Kitchen	5	MS

Debate Club

F3

Got an opinion? Planning on making waves in the MUN ECA next year? Then Debate Club is for you! Come along and hone your debating skills whilst thrashing out some of the controversial issues that surround us in the world today. Remember: 'There is no truth, only human opinion.'

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
Tuesday(12.35-12.55)	312	15	DLP/JT

French Club

F1

Come and learn some French words and phrases in a fun way.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
Friday(12.30-13h)	ITA	10	ACF

Good News for the 21st Century

F1, F2, F3, F4, F5, L6, U6

After 2,000 years it may seem that the Bible doesn't really have much to offer us today. But when we look at the daily news, it is clear that the world is not getting any better. Come to this ECA and explore the message of Jesus and the hope that he offers to a world that still isn't fixed.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
Wednesday (12.55-13.25)	303	12	JDB

Leituras ao Ar Livre

F1, F2, F3, F4, F5, L6, U6

A cada semana os alunos vão ler um texto breve de temas atuais e polémicos, escolhidos por eles mesmos. A partir das leituras, poderão partilhar reflexões ao ar livre com o objetivo de ampliar seu repertório cultural, desenvolver autonomia de pensamento e aguçar seu espírito crítico em relação a si mesmo e aos outros.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Tuesday (15:05-15:35)</u>	<u>Campo</u>	<u>10</u>	<u>PMF</u>

St Paul's Amnesty International

F1, F2, F3, F4, F5, L6, U6

Amnesty International is human-rights awareness group which fights for the protection of human-rights across the world.

Amnesty International campaigns for many causes, including the defense of freedom of speech, the abolition of the death penalty, the release of political prisoners and the right of women's to education and equality. St Paul's group will choose a campaign which we feel needs our support and we will organise events, lobby politicians, write letters, make films, raise funds, organise creative publicity stunts, and have a lot of fun – all in support of Amnesty's campaign to defend the human rights of individuals across the globe.

Some of Amnesty International's cases demand immediate attention – an enforced disappearance, a case of torture, or an impending execution for example. Just one quick appeal letter may help to convince a politician or leader to act in order save someone's life.

If you want to be a part of a movement which saves lives, defends liberty and fights for justice, you are sure to find Amnesty International an amazing and fulfilling challenge.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Wednesday(15.15-15.45)</u>	<u>312</u>	<u>10</u>	<u>CA</u>

The International Award (Bronze)

F4

The International Award is an exciting self-development programme which aims to equip participants with life skills that will make a difference to themselves and their communities. The Award has four sections designed to provide a balanced programme of personal development:
SERVICE - to learn how to give useful service to others
SKILLS - to encourage the development of personal interests, creativity or practical skills
PHYSICAL RECREATION - to encourage participation in physical recreation and improvement of performance
ADVENTUROUS JOURNEY - to encourage a spirit of adventure and discovery whilst undertaking a journey in a group.

For more information, check out this website: <http://www.intaward.org/>

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Monday(12:25-12:55)</u>	<u>329</u>	<u>32</u>	<u>GWC/ACL/AK</u>

The International Award (Silver)

F5

The International Award is an exciting self-development programme which aims to equip participants with life skills that will make a difference to themselves and their communities. The Award has four sections designed to provide a balanced programme of personal development: SERVICE - to learn how to give useful service to others SKILLS - to encourage the development of personal interests, creativity or practical skills PHYSICAL RECREATION - to encourage participation in physical recreation and improvement of performance

ADVENTUROUS JOURNEY - to encourage a spirit of adventure and discovery whilst undertaking a journey in a group.

For more information, check out this website: <http://www.intaward.org/>

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Thursday(12:25-12:55)</u>	<u>329</u>	<u>20</u>	<u>GWC/DB</u>

The School Yearbook 2014

L6, U6

The St. Paul's Yearbook 2015 is undoubtedly one of the best ways to preserve memories of friends, teachers, life and remarkable moments of the School Year 2014-2015. It is a publication that covers all three schools within St. Paul's as well as commemorating the graduating class of 2015. It is produced by a committee of dedicated and enthusiastic Sixth formers who will make major decisions about the theme, creative layout and production of the yearbook.

In order to guarantee a special spot in the Yearbook Committee, you must be able to collaborate in groups, demonstrate enthusiasm towards photography and graphic design, be responsible, organised and creative throughout the project and MEET DEADLINES most of all.

If you would really like to be a part of this group but the time is unsuitable please come and talk to Mrs. Blackaby.

If you have got what it takes, sign up for the Yearbook Committee.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Mondays (15:20-16.15)</u>	<u>Prep Art room</u>	<u>15</u>	<u>LAB</u>

Chess

F1, F2, F3, F4, F5, L6, U6

Chess for all ages and all abilities. Even if you are an absolute beginner feel free to join. There will be a Chess Ladder as well as a Chess Cup.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Mon-Tue-Wed-Thu</u> <u>(15:05-15:30)</u>	<u>309</u>	<u>40</u>	<u>NB/MD/DGL/DB</u>

Cricket Club

F1, F2, F3

Fun, fast-paced activities to introduce you to the game of cricket and give everyone a go. It's a bat and ball game that mixes hand-eye coordination, speed, and agility with tactics and team work.

Originally a British sport, it is now played in 25 countries around the world. With over 1.63 billion fans, it is currently the second most popular sport in the world after football.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Friday (12.25-12.55)</u>	<u>Gym</u>	<u>20</u>	<u>NAJ</u>

F1/F2 Boys Basketball

F1/F2

This ECA is designed specifically for Basketball players with less than two years of playing experience and has not yet been a member of the Junior Varsity Team. The aim will be to develop the fundamental Basketball skills. According to the pupils dates of birth, players will be able to enter into the Under 11(born in 03), Under 12(born in 02) or in Under 13 (born in 01) age group categories, in various local school tournaments and leagues. In this ECA pupils need a lot of commitment and be hard working.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Tue/Thurs (16:00-17:30)</u>	<u>Gym</u>	<u>25</u>	<u>RGP-PSF</u>

F1/F2/F3 Boys Football

F1-F2-F3

The Form 1, 2 and 3 boys will practice once a week this term. This training session will focus on developing football skills, tactics and teamwork. If you want to be part of this team, you're more than welcome! Some of you might be selected to the JV Boys Team!

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Monday(15:15-16:40)</u>	<u>Field</u>	<u>30</u>	<u>FPB</u>

F1-F2 Girls Basketball

F1/F2

This ECA is designed specifically for Basketball players with less than two years of playing experience and has not yet been a member of the Junior Varsity Team. The aim will be to develop the fundamental Basketball skills. According to the pupils dates of birth, players will be able to enter into the Under 11(born in 03), Under 12(born in 02) or in Under 13 (born in 01) age group categories, in various local school tournaments and leagues. In this ECA pupils need a lot of commitment and be hard working.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Mon-Wed(16:00-17:30)</u>	<u>Gym</u>	<u>25</u>	<u>PSF-RGP</u>

F1, F2, F3 Girls Volleyball

F1, F2, F3

The Form 1, Form 2 and Form 3 girls will practice twice a week. This training session will focus on developing basic skills, tactics and teamwork. Participants will be able to play in the Liga de Voleibol Escolar, local schools tournaments and festivals in the 12 and Under and 13 and Under age groups.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Tues/Thrus (16.30-18h)</u>	<u>Gym</u>	<u>24</u>	<u>FMC</u>

F1 Boys Volleyball

F1

Do you want to try a fun game full of challenges? If you are interested to participate in tournaments to represent our school, let's play volleyball and join our team!

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Mon/Wed(15.20-16.20)</u>	<u>Gym</u>	<u>25</u>	<u>PAF</u>

F2/F3 Boys Volleyball

F2, F3

Do you want to try a fun game full of challenges? If you are a boy born between 2000 to 2003 and you are interested to participate of tournaments to represent our school, let's play volleyball and join our team!

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Mon/Fri(16.20-17.20)</u>	<u>Gym</u>	<u>25</u>	<u>PAF</u>

JV Girls Volleyball

F2, F3, F4

The Junior Varsity Girls Volleyball Team will practice twice a week. This training session will focus on preparing the team for the Little Eight Tournament. Participants will also be able to play in the Liga de Voleibol Escolar, local schools tournaments and festivals in the 14 and Under age group. This ECA is open only to Form 3 and Form 4 and invited pupils from F2.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Tues/Thrus (18h-19.30)</u>	<u>Gym</u>	<u>16</u>	<u>FMC</u>

JV Boys Basketball

F1, F2, F3, F4

This ECA is designed for Basketball players with some playing experience. Aims will be to development the fundamental skills and preparation for the Little 8 Rancho Tournament. The players will be expected to play against other local Schools and in the Liga de Basketball Escolar. In this ECA pupils need to be committed and hard working. Pupils will have lots of fun while playing basketball.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Tue/Wed (Tue: 18h-19.30 / Wed: 17h-18.30)</u>	<u>Gym</u>	<u>20</u>	<u>RGP-PSF</u>

JV Girls Basketball

F1, F2, F3, F4

This ECA is designed for Basketball players with some playing experience. Aims will be to development the fundamental skills and preparation for the Little 8 Rancho Tournament. The players will be expected to play against other local Schools and in the Liga de Basketball Escolar. In this ECA pupils need to be committed and hard working. Pupils will have lots of fun while playing basketball.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Tue/Wed (Tue: 16.30-18.00 / We: 18h-19.30)</u>	<u>Gym</u>	<u>25</u>	<u>PSF-RGP</u>

JV Girls Football

F1-F2-F3, F4

The Junior Varsity Girls will practice twice a week this Term. This will be to prepare players for next years Little Eight Tournament – It is important that if you are accepted onto this ECA, you must be a committed and reliable player. You are invited to come and join the best Football Team in the school!

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Wed-Fri(Wed: 16.10-17.50 / Fri: 16.30-18h)</u>	<u>Field</u>	<u>35</u>	<u>FPB</u>

JV Boys Football

F4

The Junior Varsity Boys team will practice twice a week in order to prepare for the Football Season. A huge commitment is necessary, and we need to start it now! This ECA is open only to the Form 4 and some pupils from F1, F2 and F3 will be invited to join the group. Do not choose this activity if you cannot keep the time commitments it requires.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Wed-Fri(Wed: 17.50 - 19.30/Fri: 15.15-16.40)</u>	<u>Field</u>	<u>30</u>	<u>FPB</u>

Prep 5 F1 Girls Volleyball

P5, F1

The Prep 5 and Form 1 girls will practice twice a week. This training session will focus on developing basic skills, tactics and teamwork. Participants will be able to play in the Liga de Voleibol Escolar, local schools tournaments and festivals in the 11 and 12 age groups.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Mon/Wed(15.20-16.30)</u>	<u>Out side court</u>	<u>20</u>	<u>FMC</u>

F4, F5 Girls Volleyball

F4, F5

The Form 4 and Form 5 Girls Volleyball Team will practice twice a week and play in the Liga de Voleibol Escolar, local schools tournaments and festivals in the 16 and Under age group.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Wed/Fri(Wed:18h-19.30/Fri:16.30-18h)</u>	<u>Gym</u>	<u>18</u>	<u>FMC</u>

Rugby

F4, F5, L6, U6

Do you like keeping fit and having fun at the same time? Then this ECA is for you. We will learn basic skill sets and drills, moving on to a form of contact rugby. Fast, flowing, running rugby is our goal, possibly leading to competitive games with local schools depending on interest and readiness. With the UK due to host the 2015 Rugby World Cup, there is no better way to anticipate the Championship!

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
Thursday (Thurs 15.15-16h)	Field	30	DS

Varsity Boys Basketball

F4, F5, L6, U6

This ECA is designed for Basketball players with some playing experience. Aims will be on developing fundamental Basketball skills and preparation for S.P.H.S.L. and I.S.S.L. Tournament. The players will be expected to play against other local Schools and in the Liga de Basketball Escolar. In this ECA pupils will be required to be committed and hard working. Pupils will have lots of fun while playing Basketball.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
Mon/Thurs (Mon 16.45-18.15 / Thurs 18h-19.40)	Gym	25	RGP-PSF

Varsity Boys Football

F4, F5, L6, U6

It's FOOTBALL SEASON and it's time to train hard. If you want to do your best to represent the School this is your ECA. Two training sessions and a SPHSL Match per week. Are you ready for this? This is a demanding ECA and you will need to be a committed and reliable member of the squad.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
Mon/Thurs (Mon: 18.10-19.40/Thurs: 16.20-18.00)	Field	30	FPB

Varsity Girls Basketball

F4, F5, L6, U6

This ECA is designed for Basketball players with some playing experience. Aims will be on developing fundamental Basketball skills and preparation for S.P.H.S.L. and I.S.S.L. Tournament. The players will be expected to play against other local Schools and in the Liga de Basketball Escolar. In this ECA pupils will be required to be committed and hard working. Pupils will have lots of fun while playing Basketball.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
Mond/Thurs (Mon: 18h-19.40 / Thurs: 16.45-18.15)	Gym	25	RGP-PSF

Varsity Girls Football

F4, F5, L6, U6

It's FOOTBALL SEASON and it's time to train hard. It'll be a tough year and if you want to do your best to represent the School this is your ECA. Two training sessions and a SPHSL Match per week. Are you ready for this? Do not choose this activity if you cannot keep the time commitments it requires.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Mon/Thurs(Mon: 16.40-18.10 / Thurs: 18h-19.30)</u>	<u>Field</u>	<u>30</u>	<u>FPB</u>

Varsity Girls Volleyball

L6, U6

The Varsity Girls Volleyball Team will practice twice a week during the off-season term as a preparation for the SPHS League and Inter 6 tournament. Participants will be able to play many inter school tournaments and the Liga de Voleibol Escolar.

<u>Day(s) and Time</u>	<u>Location</u>	<u>Max. Pupils</u>	<u>Staff</u>
<u>Mon,Wed(Mon:17.20-19.00/Wed:16.30-18h)</u>	<u>Gym</u>	<u>16</u>	<u>FMC</u>