



St. Paul's School

MANIBUS POTENTIA STUDIUM ANIMIS

17th April 2015

Dear Parents,

**DUKE OF EDINBURGH INTERNATIONAL AWARD (BRONZE) – Saturday 25th to Monday 27th April, 2105**

I am writing to inform you about the forthcoming **Duke of Edinburgh International Award (Bronze)** trip that St. Paul's pupils will undertake in April 2015. This will be the qualifying expedition and during the event they will be assessed on various skills, such as navigating, camp craft and teamwork.

The chosen trail is the classic traverse between São Francisco do Xavier (SP) and Monte Verde (MG), in the Mantiqueira Mountain Range.

The group will leave school on Saturday, April 25th at 1.30pm and return on Monday, April 27th at approx. 8.30pm.

The International Award is an exciting self-development programme available to all 14 to 25 year olds. As part of the programme, participants have to plan for, train and complete a 2 day, 1 night expedition (for the Bronze Award).

Treehouse Outdoor Education will be responsible for the logistical operation of this trip, arranging transportation, hotel (pousada), campsite, guides, technical equipment and restaurants for dinner on Saturday 25th and lunch on Monday 27th.

The group will arrive in São Francisco Xavier (2 hours from São Paulo) on the afternoon of the 25th and put up a campsite on the grounds of Pousada São Francisco.

<http://www.superamarelas.com/classificados/4065/hotel-pousada/pousada-sao-francisco-sao-francisco-xavier-sao-francisco-xavier-sp>

We will go over the trail, review map reading and camp skills and talk about safety and emergency procedures.

At night we will have dinner in the small town of São Francisco do Xavier and go back to the pousada / campsite.

The expedition begins on Sunday 26th. We will start hiking from the pousada 5 km uphill on dirt roads to the base of the mountain range until we reach Fazenda Monte Verde. From this point on we enter a trail up the mountain range all the way to the ridge separating São Francisco do Xavier and Monte Verde. The ridge divides the São Paulo and Minas Gerais states and we will camp on a perfect flat spot right on the ridge (photo below – 2013 trip).



On the first day of the expedition we will walk approximately 10 km (5 hours).

The following day, April 27th, we continue the trail downhill towards Monte Verde. As we reach the outskirts of town we make our way through the upper roads of the city and head back up to the ridge, reaching it at a different spot. From there we go back down to São Francisco do Xavier via another trail, which ends at Fazenda Santa Cruz. From there it's a 2 km dirt road to the main road (a large dirt road) where the bus will be waiting to take us back to São Francisco do Xavier.

This day we will hike approximately 13 km (6 to 7 hours). We plan to arrive in town by 3 pm and have lunch. Possibly, if we have time, the group can have a shower at the pousada of the first day, where we will have left some of the belongings that won't be taken on the trail.

We plan on leaving São Francisco do Xavier by 5:30 pm and arriving at school at approximately 8:30 pm, considering the traffic in São Paulo as we enter the city.

The main purpose of the Duke of Edinburgh's Award is to develop the students' life and social skills, and prepare them for forthcoming expeditions. They will participate in a range of challenging activities that will increase their self-confidence and independence. Students will be able to develop their communication skills, working effectively and willingly in collaboration with others. They will also be expected to act with integrity, a strong sense of fairness and show respect for each other and the group. Through the activities, students will also learn the importance of teamwork and develop a strong feeling of group awareness.

**The cost of the expedition per student will be R\$725,00 if 34 pupils attend. The school will contribute 50% towards the cost and therefore we will be asking the participant to pay for the other 50%, which will be R\$362,50 per pupil. Returning the consent form will imply that your son/daughter will be attending the trip and you will therefore be billed for R\$362,50 of the cost irrespective if your son/daughter attends the trip.**

FUNDAÇÃO ANGLO BRASILEIRA DE EDUCAÇÃO E CULTURA DE SÃO PAULO  
ESCOLA BRITÂNICA DE SÃO PAULO

Rua Juquía, 166 – Jardim Paulistano – CEP 01440-903 – São Paulo – SP – Brasil  
Tel.: (5511) 3087-3399 – Fax: (5511) 3087-3398

**MEDICAL INFORMATION:** Parents must make sure the medical information we hold about your child is up-to-date and contains all the relevant information for going on this expedition. Parents can view and amend the medical information we hold for their children on our confidential online database: [parents.stpauls.br](http://parents.stpauls.br)

**An authenticated copy of your child's I.D. card or passport will be required for travel.** Please note that according to EMBRATUR the law is absolutely restrictive regarding documentation. Please make sure your child has the original ID (or the authenticated copy) with them during the trip. Without the correct documentation your child **will not** be allowed to travel.

**General Conditions and Information:**

- Treehouse Educação ao Ar Livre is an intermediary between its passengers and its suppliers (bus, boat and other services) and cannot be held responsible for the suppliers' failures or mistakes. However, should they cause any setbacks all efforts will be made to ensure the best solution.
- Treehouse reserves the right to change the programme because of the weather conditions or any other reasons beyond their control.

The contact telephone number while we are away will be **(11) 99618 2054** but this should only be used in emergencies. If you have any further questions regarding the field course please do not hesitate to contact me at School by email on [gwc@stpauls.br](mailto:gwc@stpauls.br).

Yours sincerely,

Graham Case  
Duke of Edinburgh Award Co-ordinator



St. Paul's School

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**EXCURSÃO: PRÊMIO DE BRONZE DO DUQUE DE EDINBURGO  
SABADO 24 À SEGUNDA 27 DE ABRIL DE 2015**

**THE INTERNATIONAL AWARD EXPEDITION (SILVER)  
SATURDAY 24TH – MONDAY 27TH APRIL 2015**

**CANHOTO DE PERMISSÃO** (*Deve ser retornado até quarta-feira 22 de abril 2015*)

**CONSENT FORM** (*To be returned by Wednesday 22nd April 2015*)

**Autorizo meu filho(a) a participar da viagem acima. Estou ciente de que meu filho(a) participará da excursão e de que um membro da St. Paul's School poderá permitir que ele(a) receba tratamento médico. Concordo com esses termos. Confirmo que as informações médicas contidas no SchoolBase Online a respeito de meu filho estão corretas (parents.stpauls.br).**

*I give my permission for my son/daughter to take part in the above trip. I understand that whilst my son or daughter is taking part on this expedition, that any member of St. Paul's School staff may need to give permission for them to receive Medical Treatment, and agree to this. I can confirm that my child's medical information that the School holds on SchoolBase Online is accurate (parents.stpauls.br)*

Nome do aluno | *Pupil's name* \_\_\_\_\_

Assinatura | *Signed* \_\_\_\_\_

Data | *Date* \_\_\_\_\_

It must be emphasised that, as well as being an exciting experience for your son or daughter they will be representing St. Paul's School. It is imperative that the pupils understand the need to abide by instructions to ensure their own safety and the smooth running of this Field Course. Should pupils decide not to abide by these expectations then the possibility exists that they may be returned home at the parents' expense. We would be grateful if you could reinforce this message at home.

Pupil's Signature \_\_\_\_\_

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